



Riverstone Family Medical Practice

May 2026 Update

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A Message from the RFMP Team

Booking Appointments that require Nurse Assistance

To help us run smoothly and avoid delays on the day, we kindly ask all patients to **call the practice when booking appointments that require nurse support**. These include (but are not limited to):

- Immunisations
- Dressings
- Biopsies
- Procedures requiring treatment room use

These appointments need:

- Dedicated **nurse time**
- Availability of a **treatment room bed**

Because of this, they **cannot be booked correctly through online booking systems**.

What patients should do:

Please call the practice directly so our team can schedule the appropriate time and resources for your visit.

This ensures:

- Adequate time is allocated
- The right clinical staff are available
- Your appointment runs smoothly without delays

Thank you for your understanding and cooperation in helping us provide the best possible care.

Have You Had Your Flu Shot?

Please remember [influenza is a very serious illness](#).

When more people are vaccinated, it leads to better protection for everyone as there are less susceptible people for the virus to infect. **It is especially important to have your vaccination** if you are a child, pregnant, elderly, have a chronic health condition or are taking immunosuppressive medications.

Influenza vaccine is given at a time when there are a lot of infections circulating so **make a booking now** to get your vaccination and protect yourself against serious infection!



CLINICAL Tip of the Month

The Importance of having a Regular GP

To optimise your health care, **try to see your regular doctor for all of your health needs**. If they are unavailable, see a doctor at your usual GP practice as they will have access to your notes including your history and medication. Your regular GP will then know what has happened at the visit.

If you must see a GP at another practice, **ask them to print a summary of your consultation** to take back to your regular GP or they can upload an event summary to your My Health Record.

Evidence shows that people who have a regular general practice have **better health, fewer complications and live longer**.



Doctor's Leave

The following doctors will be on leave over the next two months:

- Dr Kirby Campbell-Wood 6 to 15 May, 23 May only
- Dr Michelle Crockett 8 to 30 May, 3 to 6 Jun
- Dr Nikita Deo 9 & 15 May only
- Dr Revathy Ganeshananthan . 12 & 15 May only, 13 Jun to 4 Jul
- Dr Revathy Ganeshananthan . 14 to 15 Jul
- Dr Melissa Joseph 15 to 30 May, 5 to 6 Jun
- Dr Melissa Joseph 26 Jul to 2 Aug
- Dr Matthew Lam 28 May to 17 Jun
- Dr Hanna Luong 15 May only
- Dr Ishita Saini 11 to 24 May

The Practice will be closed for the King's Birthday on 8 June



Practice Hours: Monday to Friday 8am to 6pm, Saturdays 8am to 1pm
For After Hours Care we recommend the national Home Doctor Service for home visits,
 contact on 13 74 25 (13 SICK)