



Riverstone Family Medical Practice

December 2025 Update

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Merry Christmas

From all of us to all of you

We would like to wish you and your families a Merry Christmas and a safe and Happy New Year. During this period, please don't hesitate to contact us at the practice number if you need an urgent appointment - we will do our best to accommodate you at the earliest possible time.

We encourage all patients to plan their appointments in advance with their doctor to ensure continuity of care. We're here to assist you.

RFMP Has Successfully Passed Accreditation

We are proud to announce that our medical practice has successfully passed accreditation for another 3 years!

This is such a significant milestone as accreditation reflects the high standards of care and service that we are committed to providing our patients every single day.

We want to give a heartfelt thank you to our entire team from our doctors and nurses to our reception and administration staff for the hard work, dedication, and teamwork that made this possible. Everyone played an important role, and we couldn't have done it without each other.

This achievement shows the strength of our team and the quality of care our patients can continue to trust. Well done to everyone - we're incredibly proud!



Important Update for All Patients Effective 1 January, 2026

From **1 January, 2026**, you will only be considered an **active patient** of your doctor if you are **registered with MyMedicare** AND **have nominated your doctor** as your preferred GP.

Registering with **MyMedicare** helps your doctor provide better continuity of care, access to eligible services, and more personalised support. If you have not yet registered, our reception team can guide you through the quick process. Or if you prefer, click on the registration link at the top of this Update.

We appreciate your cooperation in helping us improve your healthcare experience.



ADMIN Tip of the Month

Travelling in 2026?

- **As we approach the Christmas holidays**, please remember to plan ahead by booking appointments early and requesting your prescriptions or referrals in advance, as many services operate on reduced hours.
- If you're travelling, **ensure you have enough medication and your important health documents with you**, and please check our holiday opening hours so we can support you before the break.



Welcome

We are delighted to welcome **Nikita Deo**, our new Dietitian to our team. Nikita is available for appointments at the practice each Saturday.

Nikita is a highly dedicated dietitian with extensive experience working in primary healthcare. She is passionate about helping individuals manage chronic health conditions, achieve healthy weight goals and improve overall wellbeing through personalised nutrition. ♡



Doctor's Leave

The following doctors will be on leave over the next two months:

- Dr Kirby Campbell-Wood 6, 11, 18, 22, 23 Dec, 22 Jan only
- Dr Ayesha Choudhury 19 Dec to 4 Jan
- Dr Nowshin Chowdhury 1 Dec to 15 Jan
- Dr Michelle Crockett 22 Dec to 2 Jan, 26 to 31 Jan
- Ms Nikita Deo 3 Jan only
- Dr Lekha Gupta 2 to 17 Jan
- Dr Melissa Joseph 23 Dec to 4 Jan, 9 Jan only
- Dr Jinnecka Klenka 3 Dec only
- Dr Larry Lam 12 Dec only
- Dr Rumi Liyanagamage 13 to 20 Dec
- Dr Sharon Muir 23 Oct to 17 Dec
- Dr Hanaa Wanis 15 to 26 Dec

*The Practice will be closed on Christmas Day, 25 Dec, Boxing Day, 26 Dec
New Years Day, 1 Jan, and Australia Day, 26 Jan*

On Christmas Eve, 24 Dec, we will be open from 8am to 1pm.



Merry Christmas!

May the spirit of Christmas
Infuse your life and that
Of your family members
with hope, positivity
and joy.

Merry Christmas
and happy new year.



