



Riverstone Family Medical Practice

August 2025 Update

[Book an Appointment](#)



[MyMedicare Registration](#)



[RFMP on Facebook](#)



Jasmine

Vaccine Success!

Respiratory syncytial virus (RSV) can cause severe respiratory illness especially in young babies. Since the introduction of **respiratory syncytial virus vaccination** the number of babies hospitalised with RSV has almost halved in 2025 compared with the same time last year and fewer babies required admission to ICU.

RSV vaccination is available free to pregnant women in the third trimester of pregnancy to help protect their baby and for some newborns who are at increased risk of severe illness. It is recommended for all adults aged 75 years and older, Indigenous people aged 60 years and older and some younger adults who are at increased risk of severe illness. It is not funded for this group and the cost is about \$300.



RSV - Immunisation Coalition

RSV Symptoms RSV starts off with mild cold-like symptoms which may include slight fever, sore throat, headache, and a runny and stuffy nose. Bronchiolitis and pneumonia often follow in young children. Bronchiolitis is inflammation and congestion of the small airways of the lungs known as the bronchioles. Symptoms may include coughing, wheezing, difficulty breathing and problems

For more information see: [RSV - Immunisation Coalition](#)

Please speak with your GP if you have any questions. It is also not too late to have your flu vaccination if you have not had it this winter.

Thank You for Your Support During Renovations

A big thank you to all our patients for your patience and cooperation while Rooms 5, 6, 7, and 8 were under renovation.

It was a challenging time for our doctors, staff and patients as we operated with limited space downstairs. Your understanding truly made a difference.

We're happy to share that the renovations are now complete and we're back to using all our rooms upstairs - though we'll miss the extra exercise from the stairs!

Thank you again for your continued support.

Change of GP Registrars

Our GP Registrars are registered doctors who are doing specialist training in General Practice. Our current registrars, **Dr Lauryn Khoo** and **Dr Winnie Cheung**, are completing their term with us at the beginning of August and will be moving on to different practices to continue their training. We have really enjoyed having **Drs Lauryn** and **Winnie** with us and wish them all the best for their future careers.

Welcome to our team!



Dr Ishita Saini



Dr Jinneecka Klenka



Dr Revathy Ganeshanathan

Dr Ishita Saini - GP Registrar

Dr Ishita has over 8 years experience in different domains of General Medicine having worked across Bathurst, Central Coast, Blacktown-Mount Drutt and Nepean Hospitals and has a keen interest in Paediatrics, Womens health and Aged Care Medicine.

Dr Jinneecka Klenka - GP Registrar

Dr Jinneecka graduated with Bachelor of Science in 2016, then a Doctor of Medicine at the University of Wollongong in 2021. She then completed junior medical officer years at Liverpool Hospital. Jinneecka has a particular specialist interest in holistic care, preventative care, paediatrics and women's health.

Dr Revathy Ganeshanathan - GP Registrar

Dr Ganeshanathan completed her Bachelor of Biomedical Science in 2016, followed by a Doctor of Medicine in 2020, at Griffith University. She has since gained four years of valuable hospital experience at Logan Hospital in Queensland, working across a range of clinical areas.

IMPORTANT

MyMedicare Registration Needed!

To continue providing consistent and quality care, your treating doctor now **requires all patients to be registered with MyMedicare**. Our staff have been diligently offering registration during your appointments if you're not yet signed up.

Please treat this as a matter of **priority**. By registering, you ensure you're counted as a **regular patient** of our practice and can continue receiving ongoing care from your doctor.

Thank you for your support.

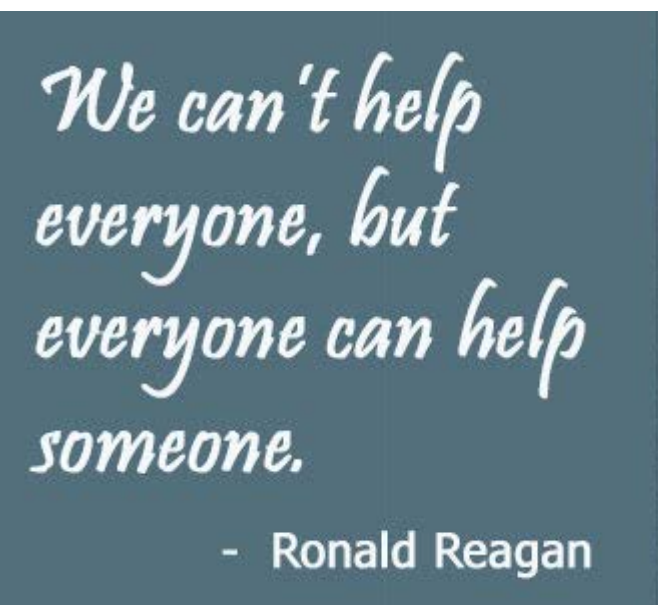


Doctor's Leave

The following doctors will be on leave over the next two months:

- Dr Michelle Crockett 7 Jul & 1 Sep only, 10 Sep to 12 Sep
- Dr Melissa Joseph 15 Aug only
- Dr Kim Loo 30 Jul to 11 Aug
- Dr Rumi Liyanamage 13 Aug to 17 Sep
- Dr Kirby Campbell Wood 21 Aug to 31 Aug
- Dr Larry Lam 4 Aug to 9 Aug

Appointments can be booked online by clicking on [Book an Appointment](#)



Practice Hours: Monday to Friday 8am to 6pm, Saturdays 8am to 1pm

For After Hours Care we recommend the national Home Doctor Service for home visits,
contact on 13 74 25 (13 SICK)