

NAME:..... DOB: ___/___/___ Date: ___/___/___

Child Development Milestones – 9 Months

The majority of children will achieve the milestones on the left by the time they turn 9 months. All children develop at different rates. Some children are slower than others, but catch up in time. Other children, however, may have an underlying problem that causes their development to be delayed. Some may not catch up. It is important for these children to get as much early intervention (treatment) as possible. If you are concerned about any aspect of your child's health or development (examples in column on right), please discuss this with the Nurse and Doctor. It is better to have your concerns checked than to 'wait and see'. Please place a ✓ in the boxes that represents your child.

Fine Motor

- | | |
|--|--|
| <input type="checkbox"/> Looks at objects or people 3 metres away | <input type="checkbox"/> Unable to use index finger in isolation |
| <input type="checkbox"/> Holds toys and passes them from one hand to the other | |
| <input type="checkbox"/> Reaches for toys whilst on their tummy with one arm | |
| <input type="checkbox"/> Reaches directly for objects in all directions | |
| <input type="checkbox"/> Holds toys with thumb and all their fingers | |

Gross Motor

- | | |
|---|---|
| <input type="checkbox"/> Enjoys being on their tummy | <input type="checkbox"/> Can't sit alone |
| <input type="checkbox"/> Rolls from their back to their tummy and tummy to their back | <input type="checkbox"/> Unable to hold bodyweight or push up through legs in standing position |
| <input type="checkbox"/> Enjoys sitting with back straight with a little support | <input type="checkbox"/> Any differences between right and left sides of body (in strength, movement and muscle tone) |
| <input type="checkbox"/> Stands with some support with flat feet | <input type="checkbox"/> No crawling motion |

Language / Feeding

- | | |
|---|--|
| <input type="checkbox"/> Eats solid or lumpy food | <input type="checkbox"/> No turn-taking or variety in sounds |
| <input type="checkbox"/> Sucks on finger/foods | <input type="checkbox"/> Limited or no babble |
| <input type="checkbox"/> Imitates gestures e.g., waving | <input type="checkbox"/> Poor or no response to sound |
| <input type="checkbox"/> Recognises familiar words | <input type="checkbox"/> No recognition of own name |
| <input type="checkbox"/> Responds to turn-taking games e.g., 'peek a boo' | <input type="checkbox"/> No attempts to imitate sound |

Social / Emotional

- | | |
|---|--|
| <input type="checkbox"/> Reserved, wary, or crying with strangers | <input type="checkbox"/> Prefers to play alone |
| <input type="checkbox"/> Will look for parent | <input type="checkbox"/> No difference in responses to strangers and familiar people |
| <input type="checkbox"/> Plays peek-a-boo | |
| <input type="checkbox"/> Claps in imitation | |

Intellectual / Cognitive

- | | |
|---|--|
| <input type="checkbox"/> Looks at and feels objects in hand | <input type="checkbox"/> Cannot tell the different between new experiences and familiar ones |
| <input type="checkbox"/> Picks up and puts down objects | |
| <input type="checkbox"/> Enjoys exploring and moving around | <input type="checkbox"/> No difference in responses to strangers and familiar people |
| <input type="checkbox"/> Searches for dropped objects | |